

Important Information about Coverage of Registered Psychotherapists Fees (Third-Party Payments)

Did you know that:

Registered Psychotherapists are specialized in providing psychotherapy. In 2015 the government of Ontario proclaimed the College of Registered Psychotherapists of Ontario (CRPO) ensuring the competency and qualifications of Registered Psychotherapists. Psychotherapy services provided by Registered Psychotherapists (RPs) are sometimes excluded from coverage in group benefits plans and private health plans.

Some group benefit plans do not cover RP services because no one has asked for inclusion of this benefit.

What you can do to help:

If you work in a unionized setting, ask your union representative to add RPs (Registered Psychotherapists) to the list of professional services included in the group benefits plan during the next contract negotiations.

If you work in a non-unionized setting, ask your employer or human resources department to add RPs (Registered Psychotherapists) to the list of professional services included in the group benefits plan.

If you have a private health plan, ask about adding coverage of RP (Registered Psychotherapy) services to your plan. RP (Registered Psychotherapy) should be a benefit in all private health plans.

For more information:

Contact your Registered Psychotherapist or a member of the Registered Psychotherapy Insurance Committee.